

ERYRI  
CYDWEITHREDOL



ERYRI  
CO-OPERATIVE

CEFNOGI CHI - SUPPORTING YOU

# CEFNOGI



**CEFNOGI** is our bespoke face to face service to support individuals to regain and maintain their independence.

**CEFNOGI** offers a charged service where individuals have the freedom and flexibility to access the required support at a time and day that suits them.

Our aim is to make a difference in the lives of those we support through:

- **PROVIDING CARERS RESPITE**
- **BUILDING CONFIDENCE**
- **ACCESSING GROUPS & ACTIVITIES**
- **BEFRIENDING**
- **GOING OUT**
- **SHOPPING**
- **DIGITAL INCLUSION**

**Competitive  
Rates**

The support available can be tailored to the individuals' specific needs, get in touch with us to discuss how we can help you.

To **REFER** to **CEFNOGI** or further information on our service contact **GWENDA** on:



07999 453676



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www.eryricoop.cymru

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